



Ultimate EFA Plus™

This proprietary blend of essential fatty acids from borage, flax and fishoils is formulated to support the body in many ways. EFA's have been shown to support healthy coronary function. With today's active lifestyles and less-than-adequate eating habits, getting enough essential fatty acids is more important than ever.

Item #42989

*Consumption of Omega-3 fatty acids may reduce the risk of coronary heart disease. The FDA has evaluated the data and determined that, although there is scientific evidence supporting the claim, the evidence is not conclusive. Ultimate EFA™ Plus should be used as part of a complete nutritional program that includes Majestic Earth® Ultimate Classic™.

EFA™ Plus

SUPPLEMENT FACTS

Serving size: 1 Capsule Servings per Container: 90

	Amount Per Serving	%Daily Value	
Calories	12	2%	Average Fatty Acid Analysis: (One Capsule) Alpha Linoleic acid (Omega 3) 212 mg Linoleic acid (Omega 6) 174 mg Oleic acid (Omega 9) 134 mg Gamma linoleic acid (GLA) 76 mg Eicosapentaenoic Acid (EPA) (Omega 3) 120 mg Docosahexaenic Acid (DHA) 80 mg
Calories from Fat	11		
Total Fat	1.1 g	<2%	
Saturated Fat	0.17 g	<1%	
Vitamin E (as mixed tocopherols)	10 IU	33%	
**Percent Daily Values are based on 2000 calorie diet * Daily Value not established.			

Ingredients Per Serving: Borage seed oil, flax seed oil, fish oil and natural Vitamin E.
Soft gel Capsule (gelatin, glycerin and water)

Directions: Take one capsule, three times a day with a meal, or as directed by your healthcare professional.